

Blueberry Lemon Ricotta Rice Cakes

Servings: 4

Prep Time: **5 MIN + 10 MIN standing time**



INGREDIENTS

- **1/2 cup** part-skim ricotta cheese
- **2 teaspoons** lemon zest
- **1 cup** fresh blueberries
- **2 tablespoons** thinly sliced fresh basil
- **2 tablespoons** powdered sugar
- **1 tablespoon** lemon juice
- **4** plain rice cakes

INSTRUCTIONS

- 1** Stir together ricotta and lemon zest; set aside. Toss together blueberries, basil, powdered sugar and lemon juice; let stand for 10 minutes.
- 2** Spread ricotta over rice cakes; top with blueberry mixture.

Variations: Substitute orange or lime for lemon zest and juice. Substitute part-skim ricotta for full-fat or skim.



Grab a
boost of
blue