

Low-Carb Bento Box

Servings: 1

Prep Time: **5 MIN**



INGREDIENTS

- **1/2 cup** fresh blueberries
- **1** hard-boiled egg, peeled
- **1/3 cup** cucumber slices
- **1 ounce** cubed white cheddar cheese
- **2** slices salami
- **1/8 cup** roasted almonds
- **1/8 cup** ranch dressing

INSTRUCTIONS

- 1** Divide blueberries, eggs, cucumber, cheese, salami and almonds between sections of bento box.
- 2** Secure ranch dressing in small container with lid.
- 3** Refrigerate and serve as a snack or lunch.

Variations: Substitute mozzarella, Swiss or Gouda for cheddar cheese. Season eggs with salt and pepper or spices.



Grab a
boost of
blue