

No-Bake Blueberry Cereal Bars

Servings: 8

Prep Time: 10 MIN + 2 HRS standing time



INGREDIENTS

- **1 cup** natural peanut butter
- **1/2 cup** honey
- **1/3 cup** melted coconut oil
- **1 teaspoon** vanilla extract
- **6 cups** brown rice cereal
- **1 cup** slivered almonds
- **1 cup** fresh or frozen blueberries

INSTRUCTIONS

- 1** Line 9-inch baking pan with enough parchment paper to overhang edges; set aside. In a small saucepan, heat peanut butter, honey and coconut oil over medium heat; cook for 3 to 5 minutes or until smooth and melted. Stir in vanilla.
- 2** In a large bowl, toss together rice cereal and peanut butter mixture until well coated. Fold in almonds and blueberries.
- 3** Press into prepared pan; refrigerate for 1 to 2 hours, or until set. Cut into bars.

Notes: If using frozen blueberries, rinse before use.
Nutrition analysis based on fresh blueberries.



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boost of
blue